

# VIRTUAL SUPPORT GROUP

*guidance for new  
mothers and  
families now that  
you are home*



**FREE**

**Wednesdays  
April 8–May 27**

**3:30–4:30PM EST**

Additional dates after May 27 will be scheduled on an as needed basis.

Once registered, participants will receive an email with a private link to join the meeting.

Due to current world events and the rapidly unfolding COVID-19 pandemic, Franciscan Health's support group is no longer meeting in person. We recognize new mothers may have many questions and concerns and need additional support upon arrival home. This virtual support group will offer ways to keep new parents connected and offer support for new mothers and families who may have questions about self-care after delivery, newborn care and breastfeeding.

The group will be led by a registered nurse who specializes in mother/baby care and is an International Board Certified Lactation Consultant (IBCLC).

**REGISTRATION REQUIRED**

(765) 449-5133 • [FranciscanHealth.org/EducationWI](https://FranciscanHealth.org/EducationWI)

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 **Franciscan HEALTH**