

REHABILITATION SERVICES

Comprehensive Post-Concussive Program

While many individuals with a concussion/mild traumatic brain injury fully recover, others may experience persistent neurocognitive symptoms such as memory issues, slower processing speed and difficulty concentrating or physical symptoms such as increased fatigue, irritability, headaches, dizziness or vision problems. These residual effects can interfere with a person's ability to fully function in the home and community or at work or school.



OUR POST-CONCUSSIVE PROGRAM

The Post-Concussive Program at Franciscan Health includes a physician specialized in physical medicine and rehabilitation, physical therapists, speech-language pathologists, occupational therapists, vestibular specialists, neuropsychologist and other specialists as needed (neurologist, ENT, neuro-optometry). The individualized treatment team is centered around the individual's needs and is led by the physiatrist, who continues to work with the individual throughout the program. The physiatrist will typically see the individual at least every two weeks during their intensive therapy program and will also meet with the team to assure the patient's needs are continuing to be met and that the program is being adjusted, if necessary, to maximize recovery.

OUR SPECIALIZED PHYSICIAN

Sachin Mehta, M.D., is board-certified in physical medicine and rehabilitation and specializes in brain injury. He also specializes in spasticity management (Botox, baclofen pumps, etc.) and interventional pain management, as well as outpatient day rehabilitation, seating and positioning, and stroke, neuromuscular and musculoskeletal rehabilitation. Dr. Mehta is the medical director for the Inpatient Rehabilitation Center at Franciscan Health. He was formerly the medical director of the Brain Injury Program and Post-Concussive Day Rehabilitation Program at Marion Joy Rehabilitation Hospital in Wheaton, Illinois.

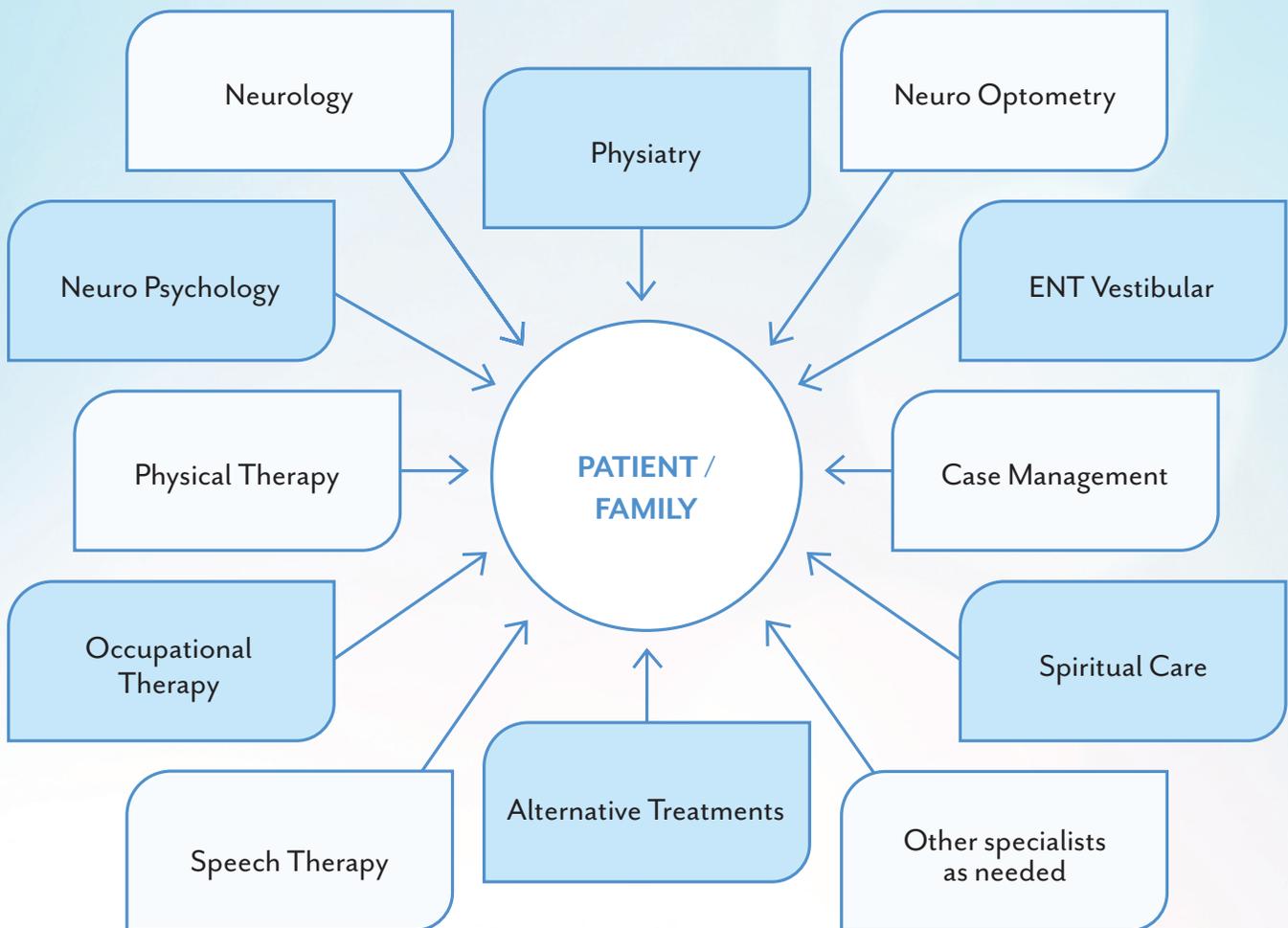


Referral Information

To refer a patient to the Comprehensive Post-Concussive Program at Franciscan Health and/or to Dr. Mehta, please call: (317) 528-8494.

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OUR TEAM APPROACH



BENEFITS TO THE PATIENT

- On-site physician leadership/involvement
- Individualized, one-on-one therapy
- Interdisciplinary team conferencing with physicians and therapists

- Education and support classes (currently in development)
- Ability to integrate other specialists and services as needed, such as neurologists, neuro-optometry, balance diagnostics, Franciscan Health Spine Center, counselors, etc.