

**Rheumatology & Osteoporosis Specialists**

**New Patient History**

Patient's Name \_\_\_\_\_ DOB \_\_\_\_\_ MRN \_\_\_\_\_ (office use only)

Referring physician \_\_\_\_\_ Primary physician \_\_\_\_\_

Orthopedic surgeon \_\_\_\_\_

What is the chief problem that brings you to this office? (Please be brief) \_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

What diagnosis have you been given? \_\_\_\_\_

Previous treatment? (Include physical therapy, surgery, injections) \_\_\_\_\_

Please list the names, phone numbers & faxes (if known) of any other physicians or providers you have seen for this problem: \_\_\_\_\_

**Arthritis History**

**Have you experienced any of the following in the last several weeks? (circle yes or no)**

a. Joint pain Yes No If yes, which joints and how severe? \_\_\_\_\_

b. Joint swelling Yes No If yes, which joints and how severe? \_\_\_\_\_

c. Muscle pain or achiness Yes No If yes, which muscles and how severe? \_\_\_\_\_

d. When you get up in the morning, do you feel stiff in your joints, back or neck? Yes No  
 If yes, circle the location above & how long is it until you are as good as you will be for the day?  
 \_\_\_\_\_ Minutes or \_\_\_\_\_ hours

e. What factors have provided relief of your pain? \_\_\_\_\_

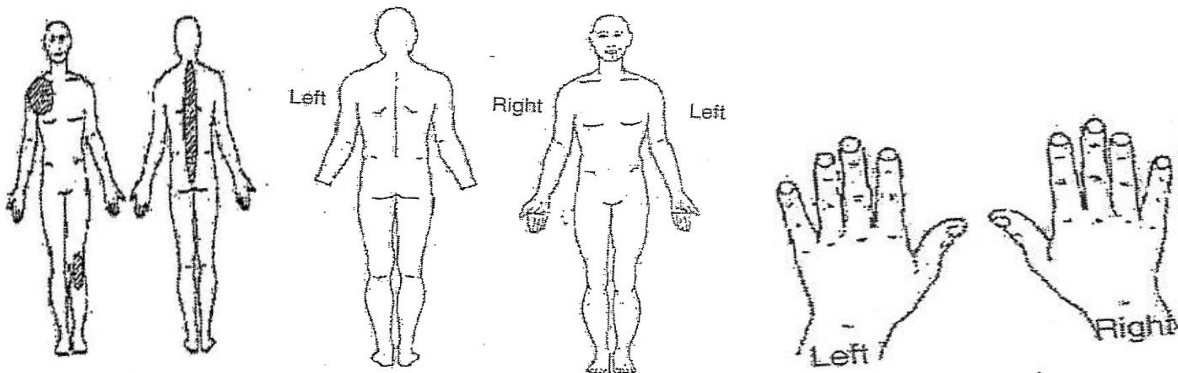
f. What factors or activities cause (increase) your pain? \_\_\_\_\_

g. How much pain have you had in the Past Week? Mark below to indicate how severe the pain has been  
 No pain 0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10 Severe

h. How much of a problem is UNUSUAL fatigue or tiredness for you over the Past Week?  
 None 0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10 Severe

Please shade all the locations of your pain over the past week on the **body figures** and **hands**:

**Example:**



**Past Medical History – Please check to the left if you have ever had any of these conditions**

<input type="checkbox"/>	Back pain	<input type="checkbox"/>	Irritable Bowel	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	Psoriasis	<input type="checkbox"/>	Migraine	<input type="checkbox"/>	Liver Disease	<input type="checkbox"/>	High Blood Pressure
<input type="checkbox"/>	Ulcerative Colitis	<input type="checkbox"/>	Chronic pelvic pain	<input type="checkbox"/>	Hepatitis	<input type="checkbox"/>	High Cholesterol
<input type="checkbox"/>	Crohn's Disease	<input type="checkbox"/>	Positive TB test	<input type="checkbox"/>	Lung Disease	<input type="checkbox"/>	Neuropathy
<input type="checkbox"/>	Gluten Intolerance	<input type="checkbox"/>	Lyme Disease	<input type="checkbox"/>	COPD (emphysema)	<input type="checkbox"/>	Multiple Sclerosis
<input type="checkbox"/>	Gout	<input type="checkbox"/>	Bleeding tendency	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Cancer
<input type="checkbox"/>	Kidney Stones	<input type="checkbox"/>	Stomach Ulcers	<input type="checkbox"/>	Uveitis	<input type="checkbox"/>	Chemotherapy
<input type="checkbox"/>	Kidney Disease	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	Scleritis / episcleritis	<input type="checkbox"/>	Radiation Therapy
Others:							

**Past Surgical History – Please check to the left if you have had any of these surgeries / date to right**

X	Surgery	Date	X	Surgery	Date	X	Surgery	Date
<input type="checkbox"/>	Knee Replaced		<input type="checkbox"/>	Back Surgery		<input type="checkbox"/>	Hysterectomy	
<input type="checkbox"/>	Knee Scoped		<input type="checkbox"/>	Neck Surgery		<input type="checkbox"/>	Ovaries Removed	
<input type="checkbox"/>	Hip Replaced		<input type="checkbox"/>	Carpal Tunnel		<input type="checkbox"/>	Tubal ligation	
<input type="checkbox"/>	Shoulder replaced		<input type="checkbox"/>	Rotator Cuff		<input type="checkbox"/>	Vasectomy	
Others:								

**Fractures/Injuries**

Have you broken any bones in your adult life: Yes \_\_\_ No \_\_\_ If yes, was there significant trauma causing the fracture? Yes \_\_\_ No \_\_\_ Please list & explain \_\_\_\_\_

**Social History**

Occupation: \_\_\_\_\_ Previous Occupation: \_\_\_\_\_ Retired \_\_\_yes \_\_\_No.

Are you receiving disability? \_\_\_Yes \_\_\_No Are you applying for disability? \_\_\_Yes \_\_\_No

Tobacco use? \_\_\_Yes \_\_\_No \_\_\_Past amount \_\_\_\_\_ Years \_\_\_\_\_ If quit, when? \_\_\_\_\_

Alcohol (beer, wine, liquor) \_\_\_Yes \_\_\_NO, If Yes, number of drinks per week \_\_\_\_\_

Travel: Where/when in last 2 years? \_\_\_\_\_

Exercise: Any exercise? \_\_\_No \_\_\_Yes \_\_\_Walking \_\_\_Aerobic Type \_\_\_Other \_\_\_\_\_ How often? \_\_\_\_\_

**Family History – Has any blood relative had any of the following? If checked, what relationship?**

X	Condition	Relation	X	Condition	Relation	X	Condition	Relation
<input type="checkbox"/>	Rheumatoid arthritis		<input type="checkbox"/>	Ankylosing Spondylitis		<input type="checkbox"/>	Fibromyalgia	
<input type="checkbox"/>	Lupus		<input type="checkbox"/>	Osteoporosis		<input type="checkbox"/>	Crohn's Disease	
<input type="checkbox"/>	Gout		<input type="checkbox"/>	Broken Hip		<input type="checkbox"/>	Ulcerative colitis	
<input type="checkbox"/>	Psoriatic arthritis		<input type="checkbox"/>	Osteoarthritis		<input type="checkbox"/>	Scleroderma	
Others arthritis or autoimmune disorder:								

Family Member	Health	Age if living or at death	Cause of Death	Family Member	Health	Age if living or at death	Cause of Death
Father				Brother			
Mother				Brother			
Daughter				Brother			
Daughter				Sister			
Son				Sister			
Son				Sister			

Drug allergy (List Name)	Reaction (or side effect)	Drug allergy (List Name)	Reaction (or side effect)
1.		5.	
2.		6.	
3.		7.	
4.		8.	

Current Medications	Dose	Frequency	Duration	Current Medications	Dose	Frequency	Duration
1.				7.			
2.				8.			
3.				9.			
4.				10.			
5.				11.			
6.				12.			

Past Medications (Complete if you have used any of these medications):	Dose	Duration (Dates)	Helped?	Reactions / Comments
1. tylenol (acetaminophen)				
2. motrin, advil (Ibuprofen)				
3. naprosyn / aleve (naproxen)				
4. voltaren/Oruvail (diclofenac)				
5. mobic (meloxicam)				
6. sulidac (Clinoril)				
7. relafen (nabumatone)				
8. lodine (etodolac)				
9. tramadol (ultram, ultracet)				
10. vicodin, norco, lortab (hydrocodone)				
11. tylenol #3 or #4 (with codeine)				
12. oxycodone (percocet, oxycontin)				
13. cortisone/prednisone/steroids				
14. colchicine (colcrys)				
15. allopurinol (zyloprim)				
16. plaquenil (hydroxychloroquine)				
17. methotrexate				
18. sulfasalazine (azulfidine)				
19. arava (leflunomide)				
20. gabapentin (Neurontin)				
21. fosamax (alendronate)				
22. actonel (residronate)				
23. boniva (ibandronate)				
24. amitriptyline (elavil)				
25. nortriptyline (pamelor)				
26. desipramine (norpramin)				
27. flexeril (cyclobenzaprine)				
28. lyrica				
29. cymbalta				
30. savella				

**Systems Review: Please check Yes or No if you have recently had within 2 months the following:**

<b>General</b>	<b>Yes</b>	<b>No</b>	<b>Cardio-Respiratory</b>	<b>Yes</b>	<b>No</b>
Tires Easily			Shortness of Breath		
Persistent Fever			Cough, persistent		
Weight Change			Bloody Sputum		
Change in Appetite			Swelling in legs		
<b>Skin</b>			Snoring / stop breathing during sleep		
Rash/Eruptions			Difficulty going to sleep		
Butterfly Rash			Excessive Daytime Sleepiness		
Finger and/or toes turn white or Blue in the cold			Morning Headaches		
Tight/Thickening of skin			Non-refreshing Sleep		
Changes in nails			Chest pain		
Unexplained hair loss			Palpitations		
Nodules or lumps			<b>Gastrointestinal</b>		
Sun sensitive			Difficulty swallowing		
<b>Eyes</b>			Nausea / Vomiting		
Eye Pain			Frequent heartburn		
Dry eyes daily			Abdominal pain / cramps		
Inflamed eyes			Diarrhea		
Feels like something Is in eyes			Constipation		
Trouble seeing			Stomach Bleed		
<b>Nose</b>			Rectal Bleed		
Sores			<b>Nervous System</b>		
Bleeding			Headaches (New, often, or Severe)		
<b>Mouth</b>			Weakness		
Mouth sores - Painless or Painful			Tingling Or numbness		
Dry Mouth, often			Imbalance or falls		
<b>Head/Neck</b>			Nightly muscle cramps		
Sinus pain			Dizziness or Fainting		
Swollen glands			Seizures		
<b>Urology</b>			Anxiety/panic attacks		
Blood in Urine			Depression		
Burning when Urinating			<b>Ears</b>		
Genital Ulcers			Loss of Hearing		
Genital Discharge			Ringling in ears		
			Change in voice/Hoarseness		

**Females:**

Date of last menstrual period \_\_\_\_\_ Have used hormones? Yes No

Pregnancies \_\_\_\_\_ Deliveries \_\_\_\_\_ Miscarriages \_\_\_\_\_ Abortions \_\_\_\_\_

**Are there any cultural or religious beliefs that need to be considered in the care?** \_\_ Yes \_\_ No

If yes, \_\_\_\_\_

Signature \_\_\_\_\_ Relationship to patient \_\_\_\_\_ Date \_\_\_\_\_