Men and women do not experience heart attacks in the same way.

**Men Only**
- Pain in left arm
- Breaking out in a cold sweat
- Stomach discomfort or indigestion

**Women Only**
- Unusual fatigue
- Anxiety and sleep disturbances
- Nausea

**Both Men and Women**
- Chest pressure/pain/discomfort
- Feeling dizzy
- Rapid or irregular heartbeat
- Shortness of breath
- Back, neck, arm or jaw pain

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